



North Carolina Taekwondo Organization
 P.O. Box 1522, Fayetteville, NC 28302



This Mission:

To enable athletes to achieve sustained competitive excellence and to grow and promote the sport of Taekwondo. NCTO also facilitates training and certification programs for athletes, coaches, parents, and referees. NCTO is the official State Association to USA Taekwondo, Inc., and the promoter and organizer of TARCDP (Taekwondo * Athletes * Referees and Coaches Development Program), NC Taekwondo Summit, USAT-NC State Taekwondo Championships, NC Open Taekwondo Championships, Powerade State Games of North Carolina Taekwondo Championships, WTF Competition Sport Poomsae Seminars, Olympic Taekwondo Sparring Seminars and the NCTO-USAT-NC MAC Symposium. Let us know if you would like more information on any of the programs listed on this page for beginner to advance athletes.

For more information contact:

Master Ron Whitted, NCTO President @ wtkdcte@intrstar.net / 910-385-465
www.nctkd.org / www.ncsports.org / www.usa-taekwondo.us / www.highachiever.net

USAT-NCTO & International Sport Achievers

NCTO has joined forces with Ms. Jinnie English, LCSW and CEO of International Sport Achievers to design development programs that will help you raise your competition skills preparedness to the next level. Together, we are conducting a short survey to determine exactly what your needs are and how we may assist you in achieving those goals. Please connect to the following link and complete a short confidential survey to help us discover your developmental needs.

<http://survey.constantcontact.com/survey/a07e4gci66rgqlpbem4/a001gqlpxgu3/greeting>

NCTO WTF Competition Sport Poomsae Seminar

Date: September 23 & 24, 2011 / Color Belts and WTF Black Belt Poomsae

Location: Cambria Suites Hotel Raleigh-Durham-RTP

300 Airgate Drive, Morrisville, NC 27560-8492 / 919-361-3311

Facilitator: Grandmaster David Turgeon

2008-2011 USA Taekwondo National Competition Poomsae Team Member

Please RSVP to: Master Ron Whitted – wtkdcte@intrstar.net / 910-385-4653

